

# Webinar Series Session 1: Achieving Health Equity for Disadvantaged Populations

# HMA - HealthEC Collaboration

## Opportunity

Workgroups comprised of subject matter experts from HMA and HealthEC met over several months in 2019 to discuss ways in which **healthcare consulting and advisory services** such as those offered by HMA and **population health management (PHM) and analytics applications** such as those offered by HealthEC could be leveraged more effectively by government agencies, healthcare providers, and payers to address critical needs in select



## Focus Areas

1. Health Equity
2. Communicable Disease Outbreak Management
3. Opioids Program Supports
4. Supports to Small/Midsize Health Plans
5. VBP Contract Supports
6. MCO/ACO Performance Management
7. HHS Service and Data Integration



## Outputs

### *Health Performance Accelerator™*

Tailored consulting and advisory services that can be coupled with tailored PHM and analytics platform deployments

# Today's Speakers

**Jenifer Leaf Jaeger, MD, MPH**

Senior Medical Director - HealthEC

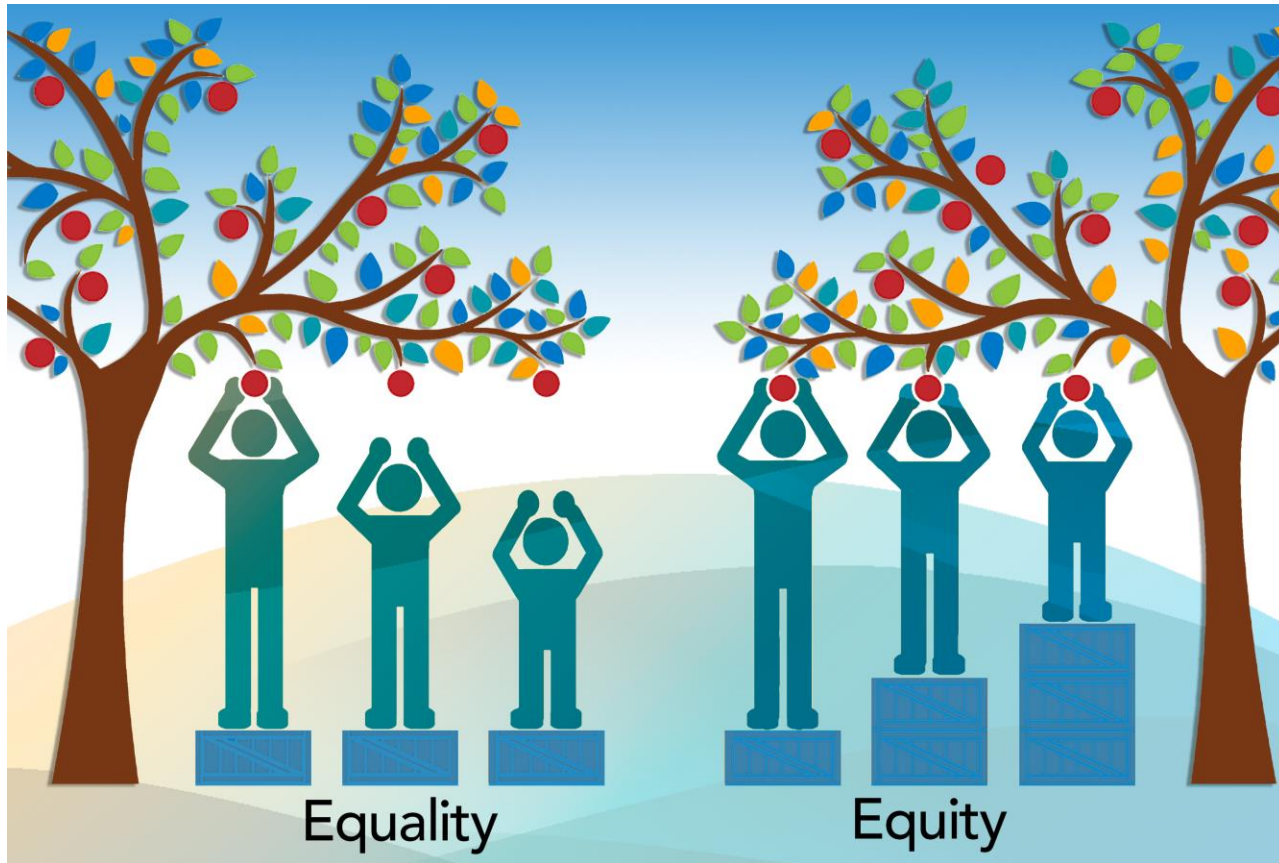


**Desmond Banks, PhD, MPH**

Senior Consultant - HMA



# What is Health Equity



Health equity refers to the condition in which everyone has a fair and just opportunity to be as healthy as possible. *(RWJF, 2017)*

# Why Health Equity Matters

Gaps in health and healthcare nationwide are increasing and often related to disparities access and in the social determinants of health (SDOH)

US ranks 43rd in the world on average life expectancy at birth

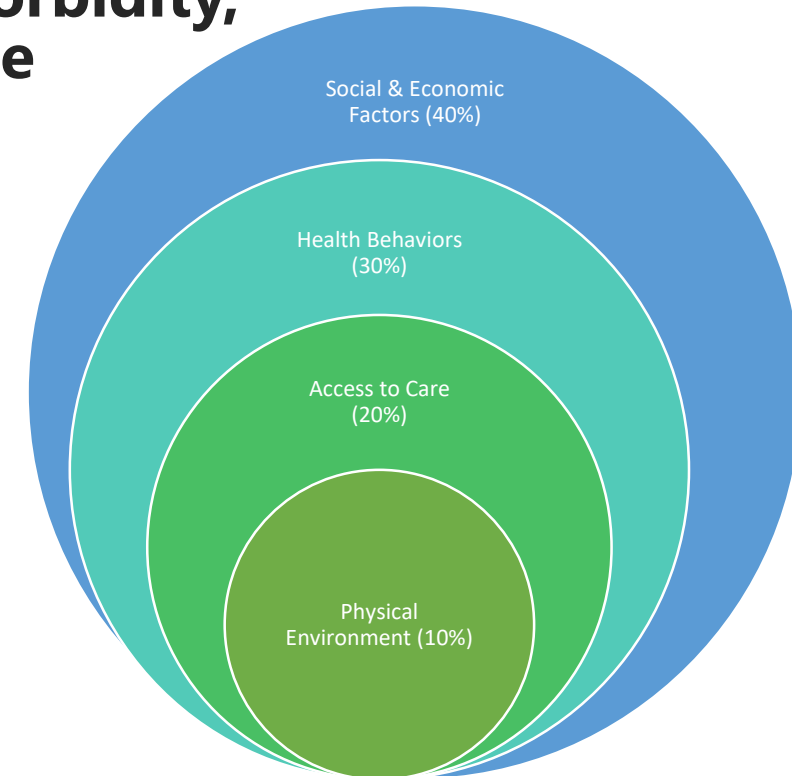
Critical to identify and measure health-related outcome indicators to assess progress in reducing barriers to health and closing gaps in health outcomes

# Impact of Health Equity

- Health disparities cost the U.S. ~\$60 billion in excess medical costs and ~\$22 billion in lost productivity in 2009
- COVID-19 response – vulnerable individuals, patients with chronic conditions, and persons facing economic, housing, insurance and food insecurity issues are disproportionately impacted

# Measuring Health Disparities

- Gaps in health and healthcare are related to access and the social determinants of health (SDOH)
  - **Result in preventable morbidity, mortality and health care expenditures**
- Identify and measure health-related outcome indicators to assess progress in reducing barriers to health and closing gaps in health outcomes



# Aggregating Data from the Healthcare Ecosystem

## Data from ANY SYSTEM

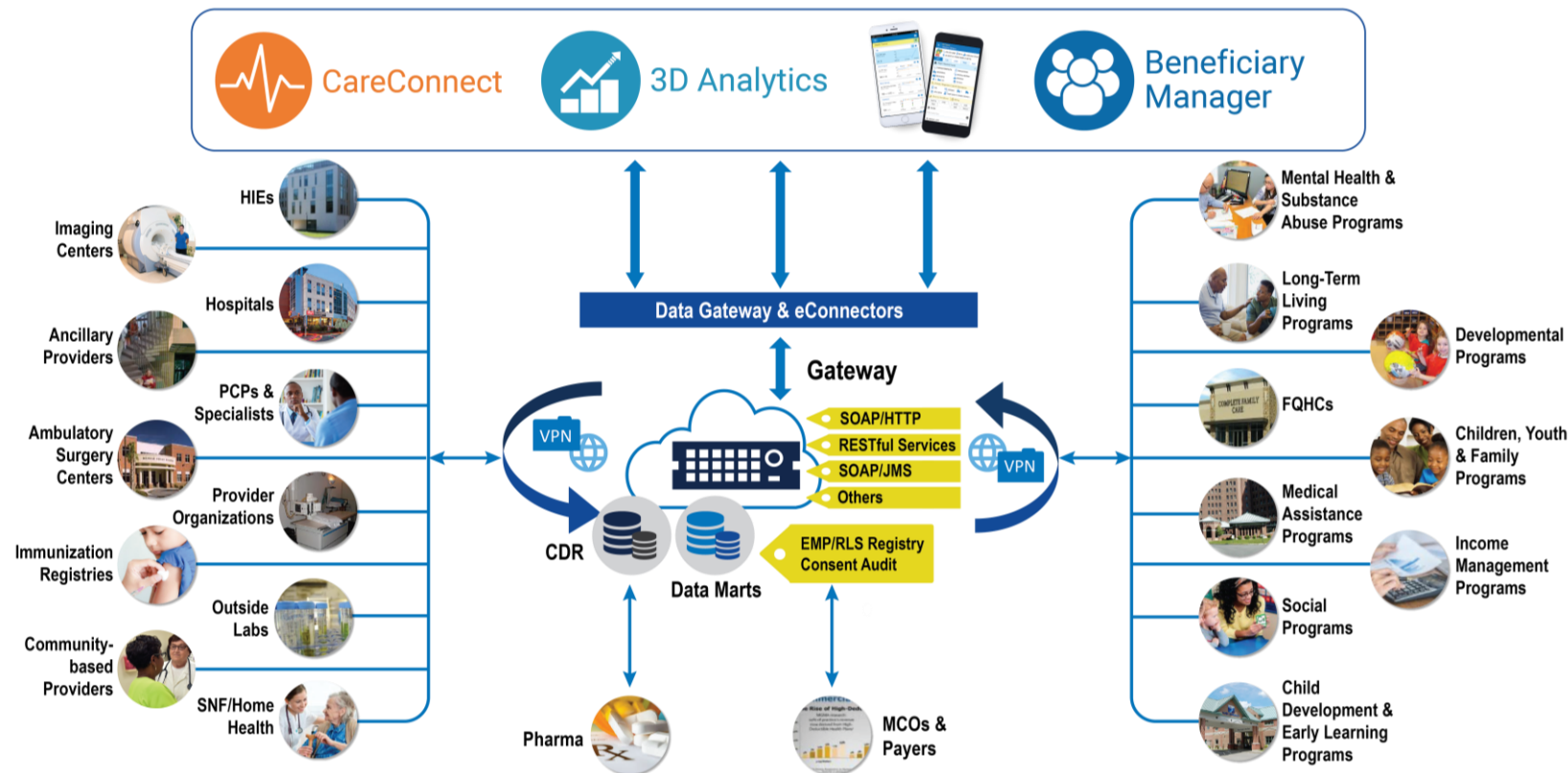
- ✓ EMRs/EHRs (200+ adapters live)
- ✓ Patient scheduling
- ✓ Laboratory
- ✓ Pharmacy benefits manager
- ✓ Claims and remittance, payer adjudication, MMIS
- ✓ Data warehouses
- ✓ Registries and local and regional HIEs

## Data from ANY CARE SETTING

- ✓ Hospital (IP, OP, ER), ambulatory, and post-acute care (rehab, SNF)
- ✓ Behavioral health
- ✓ Home health
- ✓ Case management/care coordination
- ✓ County and state clinics
- ✓ Pharmacies and reference labs

## Data in ANY FORMAT

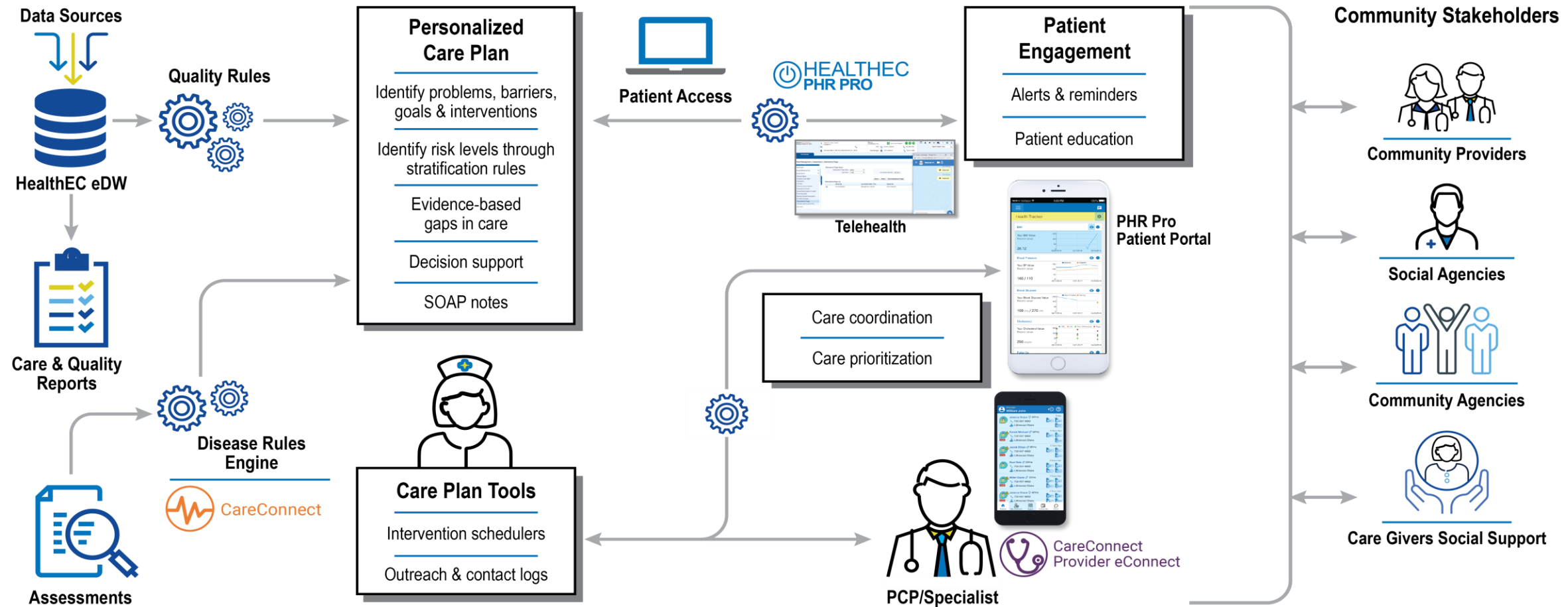
- ✓ CCD/A, CCR
- ✓ EDI 837, 835
- ✓ HL7 ADT, ORU, ORM, FHIR
- ✓ Proprietary files
- ✓ CCLF, NCPDP, SQL statements
- ✓ Any protocol: Web service, batch, API, etc.



## Life Circumstance Data

- Demographic and Socio-Economic Variables
- Consumer Residential Profiling Variables
- Lifestyle and Engagement Group Variables
- Ethnicity and Language Variables
- Household Unit Profiling Variables

# Community Health Record



# Leveraging Data to Support Health Equity Initiatives

PRAPARE tool – SDOH needs survey

MMIS for State Medicaid populations

- Medicaid and CHIP enrollment and claims data, TANF

Food and Nutrition Service, USAD

- WIC, SNAP, Emergency Food Assistance, etc.

State and local housing authorities; Food Deserts; Heat Islands

State HIEs – ADTs

Claims – cost and utilization

- By condition, demographics including zip code

EMRs – clinical data, e.g., BMI

State Prescription Monitoring Programs

PBM, Surescripts – track refills, adherence, etc.

# Executing SDOH Strategy

Chronic Care  
Management

Intelligent  
Analytics

Utilization

Network  
Efficiency

# Case Study: Prince George's County Health Department

- 3500 patient care coordination pilot
- 2015 to 2018
- Enrolled 492 high risk clients
- Completed over 13,500 client contacts (phone, in-person, etc.)
- Created 2,800 pathways with Over 100 outreach events
- Conducted disease self-management and health literacy seminars
- Documented in HealthEC, tracked and measured outcomes



## Results

“This contributed to a **21% reduction in hospital and emergency department visits** for two local hospitals, and a **17% reduction in healthcare costs** for the high-risk patients receiving our care coordination services.”

—Dr. Ernst Carter

## 6 Months Pre/Post

### Hospital Utilization Volume

VOLUME	6 mo pre-	6 mo post-
ED Visits	241	223
Admissions	238	156
Obs Stays	61	43
<b>Hospital Utilization</b>	<b>540</b>	<b>422</b>

**21.9% reduction** in overall hospital utilization

### Hospital Utilization Costs

CLAIM PAYMENTS	6 mo pre-	6 mo post-
ED Visits	\$122,828	\$120,727
Admissions	\$2,814,199	\$2,350,541
Obs Stays	\$216,162	\$140,040
<b>Hospital Utilization</b>	<b>\$3,153,189</b>	<b>\$2,611,307</b>

**17.2% reduction** in overall hospital utilization costs



# Q & A

# Upcoming Webinars



**Communicable Disease  
Outbreak Management**

Thursday 9/3



**Managed Care Organization  
(MCO)/Accountable Care  
Organization (ACO)  
Performance Management**

Tuesday 9/8



**Supports to Small/Midsize  
Health Plans**

Thursday 9/10



**Value-Based Payment (VBP)  
Contract Supports**

Tuesday 9/15



**Opioids Program Supports**

Thursday 9/17



**Health & Human Services  
(HHS) Service and Data  
Integration**

Tuesday 9/22



# Appendix

# Community Based Services



## Other Community-type Organizations



## ZIP CODE SPECIFIC

### Aunt BERTHA | Connecting People and Programs

**Counseling Services**  
by **Madison Church of Christ**

☐ Counseling Services  
by **Madison Church of Christ**

The Counseling Center provides high-quality, confidential counseling services. Services are available to the surrounding community and are offered on a sliding-fee scale based on family income...

**Main Services:** mental health evaluation, group therapy, family counseling, individual counseling, skills assessment

**Serving:** adults , young adults , teens , children , seniors , low-income

**Next Steps:**  
Call 615-860-3250 or email glenda@madisonchurchtn.org to schedule an appointment..

34.07 miles (Serves your local area)

106 Gallatin Pike N, Nashville, TN, 37115

Open Now: 9:00am - 5:30pm

**CONTACT HERE**

**Substance Use Disorder (SUD) Program**  
by **US Department of Veterans Affairs (VA) - Veterans Health Administration (VHA)**

☐ Substance Use Disorder (SUD) Program  
by **US Department of Veterans Affairs (VA) - Veterans Health Administration (VHA)**

Our Substance Use Disorder Program offers a number of options for all eligible veterans seeking treatment for substance use problems. Available treatments address all types of problems related to...

**Main Services:** addiction & recovery, outpatient treatment, residential treatment, substance abuse counseling, medications for addiction , understand mental health, counseling, mental health care, group therapy, family counseling, individual counseling, medications for mental health, mental health evaluation, government benefits

**Next Steps:**  
Call 800-273-8255 or apply on their website

35.65 miles (Serves nationwide)

1310 24th Avenue South, Nashville, TN,

# Platform Adaptability to Various Market Segments

