HEALTH MANAGEMENT ASSOCIATES

for Mental Wellbeing

HEALTHY MINDS = STRONG COMMUNITIES

Developing a Strategy for the Certified Community Behavioral Health Clinic State Demonstration RFP

Heidi Arthur, Kristan McIntosh, & Dave Schneider, HMA Rebecca Farley David, National Council for Mental Wellbeing 10/06/2022

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W W W . H E A L T H M A N A G E M E N T . C O M
W W W . T H E N A T I O N A L C O U N C I L . O R G

■ Welcome & Introductions



Heidi Arthur Principal HMA



Kristan McIntosh Principal HMA



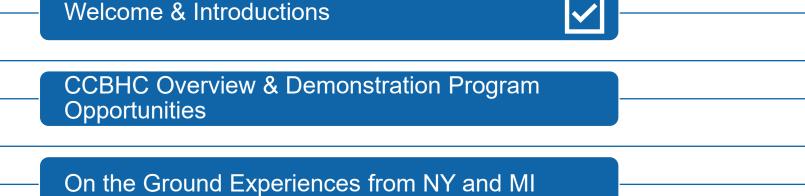
Rebecca Farley David
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NATIONAL COUNCIL
for Mental Wellbeing

Today's Discussion



Next Steps for Strategy Development and Planning

Questions & Discussion

As questions arise, please put them in the Zoom Q&A box

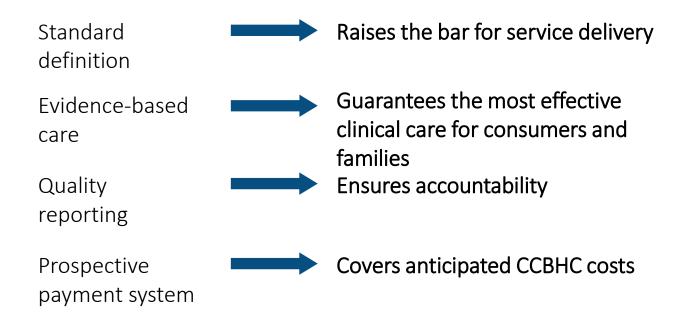
But first, a poll!



CCBHC OVERVIEW & DEMONSTRATION EXPANSION OPPORTUNITIES

CCBHCs: Supporting the Clinical Model with Effective Financing

+ Integrated, community-based mental health and SUD treatment, with support for SDOH and connection to primary care services





What Goes into Being a CCBHC?

CCBHC Criteria

- Organizational Authority
- Staffing
- Access to Care
- Scope of Services
- Care Coordination
- Quality Reporting

CCBHC Payment

 Cost-related Medicaid reimbursement rate (demonstration/SPA participants)

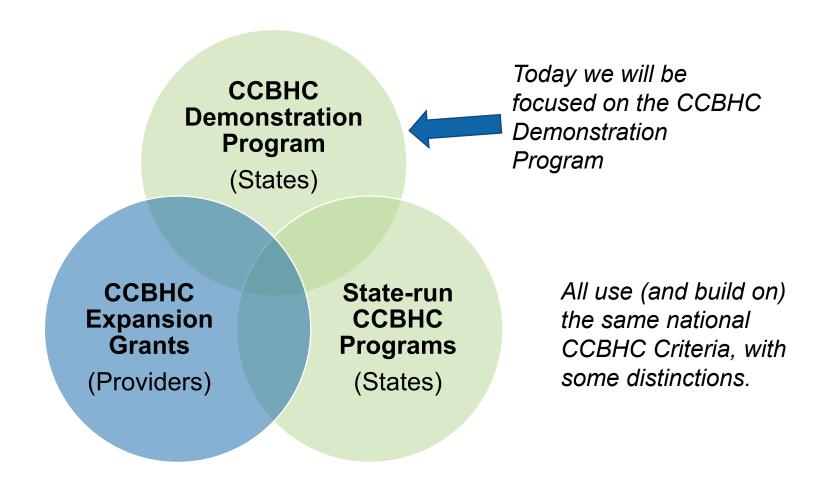
OR

 Grant funds: \$1 million/year for 4 years (expansion grantees)

Note: This presentation contains a summary of selected CCBHC certification criteria. To view the full criteria: https://www.samhsa.gov/sites/default/files/programs campaigns/ccbhc-criteria.pdf

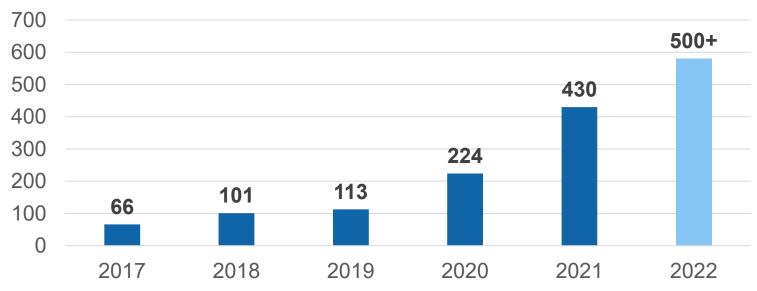


CCBHCs Are Our Nation's Biggest Investment Ever in Expanding and Sustaining Mental Health and Substance Use Care



Accelerating Growth in Number of CCBHCs



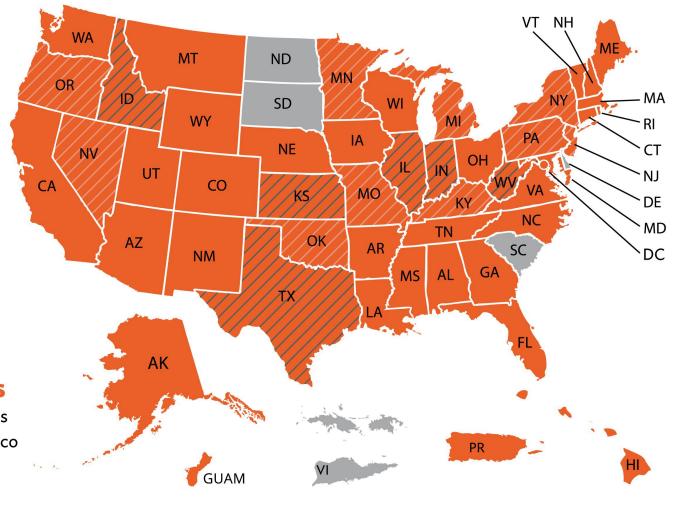




Status of Participation in the CCBHC Model

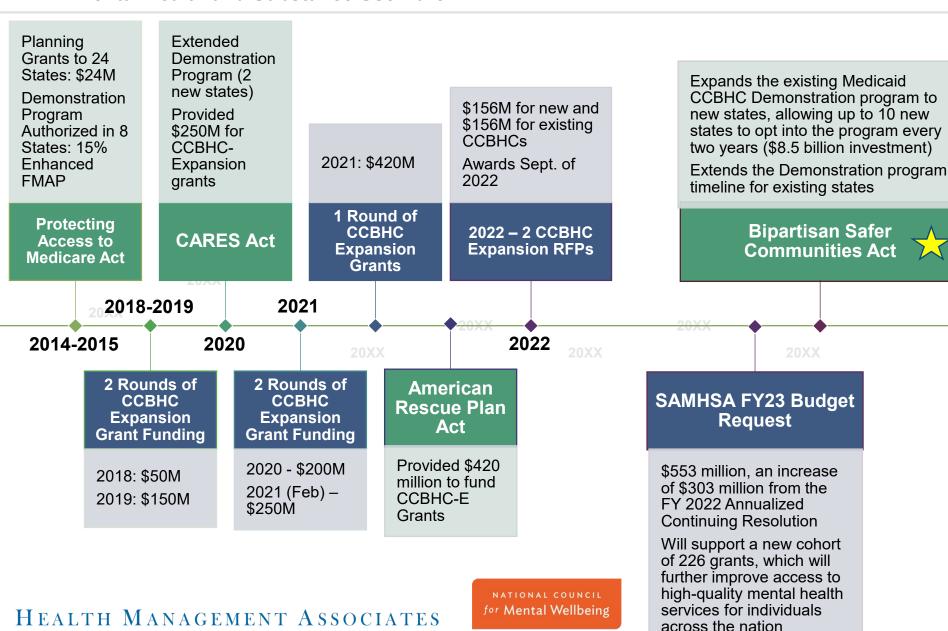
- States where clinics have received expansion grants
- States selected for the CCBHC demonstration
- Current (or working toward) independent statewide implementation
- No CCBHCs

There are **500+ CCBHCs** in the U.S., across 46 states, plus Washington, D.C. and Puerto Rico





CCBHCs Are Our Nation's Biggest Investment Ever in Expanding and Sustaining Mental Health and Substance Use Care



HEALTHY MINDS = STRONG COMMUNITIES

Order of Operations for CCBHC Demonstration Participation



There is a two-step, competitive process for states to be selected for the demonstration (noted in green). States must receive a planning grant in order to apply for the demonstration.



What Do We Know About the Upcoming Planning Grant NOFO*?

- Eligibility: All 40 states (plus DC) that are not currently in the Demonstration Program will be able to apply.
- There will be a public comment process in the fall to inform expected updates to the CCBHC criteria and payment.
- Prior years' NOFOs can often serve as a general guide to the future, but updates to the planning grant NOFO are likely. (And nothing is guaranteed!)

*"NOFO" = Notice of Funding Opportunity



- Number and amount of awards
- Length of time of planning period
- Any updates or changes to the required planning activities or the planning grant application
- Scoring criteria or other insights into what would make an application most competitive



ON THE GROUND EXPERIENCES FROM NEW YORK AND MICHIGAN

New York and Michigan Partners

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NEXT STEPS FOR STRATEGY DEVELOPMENT AND PLANNING

■ CCBHCs Address Multiple Strategic Priorities

- Improve timely, continuous access to high quality mental health and substance use disorder treatment
- Address the behavioral health workforce shortage
- Target behavioral health disparities
- Improve diversity within the behavioral health workforce
- Maximize public financing and advance VBP implementation
- Integrate physical and behavioral health care
- Expand access to crisis services, care coordination, peer support, and psychosocial rehab services
- Respond to the opioid epidemic and reduce overdose rates
- Respond to the Youth Behavioral Health Crisis and prevent youth suicide and ED Boarding
- Improve Veteran services in partnership with the Veteran's Administration
- Promote Trauma Informed and Whole Person Care
- Expand the use of Evidence Based Practices



Next Steps for Prospective State Applicants

- Orient partners and initiate collaborative planning between the State Behavioral Health and Medicaid Authorities
- Orient and engage stakeholders
- Assess Statewide Behavioral Health needs
 - Compile and analyze available prevalence data for adults with serious mental illness and children with serious emotional disturbances, and those with long term and serious substance use disorders and populations experiencing behavioral health disparities
 - Consider needs in rural and urban areas
- Identify planned Target Populations
- Explore potential Evidence-Based Practices
- Participate in our upcoming webinars:
 - National Council & NASMHPD Webinar on Taking Your CCBHC Planning to the Next Level by Measuring Impact and Accessing Data
 - Wednesday, Oct. 12, at 2 p.m. ET
 - Register here: https://thenationalcouncil-org.zoom.us/webinar/register/WN iJoOU4SNSiGPFQShbMq_FQ
 - HMA & National Council Webinar on Building State Readiness for CCBHC Grant Proposal Development
 - Pending RFP Release. Date to be Announced



QUESTIONS & DISCUSSION

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Thank you!



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for Mental Wellbeing

Reference Links

- (1) CCBHC Demonstration Program Criteria.

 https://www.samhsa.gov/sites/default/files/programs_campaigns/ccbhc-criteria.pdf
- (2) Bipartisan Safer Communities Act. (2022). https://www.murphy.senate.gov/imo/media/doc/bipartisan_safercommunities-act_text.pdf
- (3) The National Council for Mental Wellbeing. (2022). Transforming State Behavioral Health Systems: Findings from States on the Impact of CCBHC Implementation. https://www.thenationalcouncil.org/wp-content/uploads/2022/02/Transforming-State-Behavioral-Health-Systems.pdf

