

**BEHAVIORAL HEALTH**

# Empowering Clients to Advance Policies and System Redesign for Youth and Families



The current youth behavioral health system is under-resourced, underfunded and often not well coordinated. Historic approaches that minimally adapt adult models to children and youth have led to insufficient child and youth specific strategic design of effective systems. Recent investments and policies offer a tremendous opportunity to redesign strategies, payment, and the delivery system to enhance access and achieve better outcomes, equity, and satisfaction of children and families. Health Management Associates (HMA) understand the levers and impacts across the system from state and local policy makers to payers, providers, schools, and communities. Our multidisciplinary teams will partner with you to identify challenges and solutions to advance and sustain the system of care.

## What Makes HMA Unique

HMA's cross sectoral, multidisciplinary team is comprised of more than 20 dedicated children and youth behavioral health experts with rich backgrounds in government, community-based providers and payers. Our approach includes a deep understanding of policy, clinical, operations and fiscal systems, providing our clients with fundamental tools to design and implement sustainable solutions.

## Our expertise spans multiple specialty areas impacted by children's behavioral health:

- » Juvenile justice and justice-involved
- » Child welfare and foster care
- » Children's behavioral health – primary care and social services, children with serious behavioral health issues (SMI, including co-occurring issues)
- » Youth crisis and mobile services, crisis stabilization unit design (CSU) services
- » School-based wellness centers, community schools
- » Certified Community Behavioral Health Clinics (CCBHCs)
- » Suicide prevention
- » State policy and system redesign, evidence-based practices and strategic planning including the intersection of Medicaid and child welfare
- » Telehealth for children and adolescents
- » Tech-enabled care
- » Mental Health First Aid

**Our team is advancing the design, integration, and quality of children's behavioral health across states and the continuum of care.**

### EXAMPLES OF OUR WORK INCLUDE:

- » Policy and system design for behavioral health services, foster care, and the intersection of Medicaid and child welfare
- » Maternal and child health programing and 2Gen approaches
- » Managed Care Organizations (MCO) reviews, strategy ad program design
- » Health system emergency department boarding and health system and community intervention design
- » Mobile Crisis Response (MCR) design and implementation
- » Implementation of school-based wellness centers and building connections to the health system
- » And much more

## Insights

### Bolstering the Youth Behavioral Health System: Innovative State Policies to Address Access & Parity

Explores state policy levers to advance access and availability of behavioral health services (encompassing mental health and substance use disorders) for youth.

[Learn More →](#)

### Innovative State Policy Solutions to Enhance the Youth Behavioral Health System

Examines system collaboration across child welfare, behavioral health, and Medicaid solutions that states have implemented through policies that advance and expand coverage for youth mental health services.

[Learn More →](#)

## Our Clients

- » State Medicaid agencies
- » State behavioral health agencies
- » State child welfare agencies
- » Local public child welfare agency
- » Local public children's behavioral health agencies
- » Children's behavioral health providers and advocacy organizations
- » State hospital associations
- » Local hospitals and health systems
- » Federally Qualified Health Centers (FQHCs)
- » Community-based organizations and providers
- » CCBHCs
- » MCOs
- » National behavioral health organizations
- » Foundations
- » Local public-school districts

## Meet some of our HMA behavioral health experts.



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