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## New Rules in Treatment of Opioid Addiction

*A 3-part series*





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**New Rules in Treatment of  
Opioid Addiction:**

# **Opportunities for Opioid Treatment Providers to Improve Patient Outcomes**

**Webinar May 23, 2023**

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# NEW RULES IN TREATMENT OF OPIOID ADDICTION

- » **New federal rules around treatment of opioid use disorder will change how medications are delivered to persons with opioid use disorders. These changes will require a shift in clinical and business practice and a change in regulatory and payment structures to allow and incentivize providers to implement these flexibilities.**
- » **This webinar series aims to help stakeholders prepare and adapt to the regulatory changes to ensure a successful transition for the people they serve.**



# New Rules in Treatment of Opioid Addiction: Opportunities for Opioid Treatment Providers to Improve Patient Outcomes

*Part 1 of a 3-part series*



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## TODAY'S LEARNING OBJECTIVES:

**OTP REGULATORY CHANGES -**  
Understand expected changes  
from the point of view of clinicians  
and providers.

**CRITICAL ACTION STEPS –**  
Identify what OTPs will need to do  
next to comply.

**STATE VARIATION –**  
Consider how to navigate new  
rules across states with different  
approaches to treatment.

**The SAMHSA rule on opioid treatment presents an unprecedented opportunity to improve access to patient-centered care, to improve quality of life for people seeking treatment, which can ultimately mean more people seek treatment.**

- » Over the last 20 years, there has been an evolution in treatment and accreditation practices for SUD therapies.
- » Research has shown that the benefits of take-home flexibilities implemented during the COVID-19 Public Health Emergency had a net positive impact.
- » Lack of access and stigma remain as the two biggest barriers to treatment.

*Proposed Rule: <https://public-inspection.federalregister.gov/2022-27193.pdf>*

# ELEMENTS OF SAMHSA RULE\*





## PATIENT INTAKE

- » New admission criteria reduce barriers to care
- » Defines the initial medical examination, including the screening and the full history and physical
- » Clarifies the initial and periodic physical and behavioral health assessments



## CARE DELIVERY

- » Telehealth options\* available for patients treated with buprenorphine (audio/video or audio only) or methadone (audio/video only)
- » Qualified practitioners now include PAs, NPs, clinical nurse specialists, certified nurse anesthetists, and certified nurse midwives





## DOSING

- » Increases allowable take-home doses
- » Defines and specifies indications for split dosing
- » Expands interim maintenance

# HARM REDUCTION



- » Harm reduction is a best practice for person-centered care
- » Providers should offer naloxone, fentanyl test strips, and other education and counseling
- » Cannot deny OUD medication if patient refuses counseling offered

*Total abstinence is not necessarily the goal*

## **Perspective:**

# **Does this create more patient centered care?**

- » This rule mostly formalizes changes made over years to make the system work better for the patient.
  - » The biggest changes are around telehealth and take-home doses, both of which can increase access to treatment.
- » To make treatment work better for patients, stakeholders must come together to improve access and reduce barriers...states making policy, payers designing incentives, providers working with patients.
  - » Payers must create the right incentives to change behavior
  - » States must implement rules that help patients and the system achieve their goals.



# WHAT CAN WE DO FOR YOU?

Our depth and breadth of experience has helped an incredibly diverse range of healthcare industry leaders.

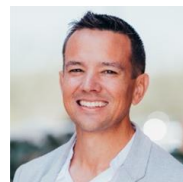
## Questions?



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# NEW RULES IN TREATMENT OF OPIOID ADDICTION – PART 2 JUNE 6

[www.healthmanagement.com/insights](http://www.healthmanagement.com/insights)

- » Health Management Associates (HMA) is proud to offer a 3-part series of webinars looking at the effect of proposed regulations on delivery of opioid treatment services to the population facing addiction issues.
- » **The second webinar on June 6 will highlight opportunities for state payers to create incentives so that providers can expand access to treatment enabled by new federal regulations that encourage patient-centered care. Link to register HERE or in the chat.**

