

HEALTH MANAGEMENT ASSOCIATES

THE  
**MICHIGAN  
UPDATE**  
2023 

---

SEPTEMBER



**Table of Contents**

**MEDICAID MANAGED CARE ENROLLMENT ACTIVITY ..... 3**

**MI HEALTH LINK ..... 5**

**MICHIGAN MEDICARE ADVANTAGE PLANS ..... 6**

**HEALTHY MICHIGAN PLAN ENROLLMENT ..... 9**

**SAMHSA ANNOUNCED FOUR YEAR STRATEGIC PLAN ..... 10**

**MEDICAID POLICIES ..... 10**





### MEDICAID MANAGED CARE ENROLLMENT ACTIVITY

As of September 1, 2023, there were **2,209,795 Medicaid beneficiaries, including 769,236 Healthy Michigan Plan (HMP) beneficiaries**, enrolled in the nine Michigan Medicaid Health Plans (HMOs). As the table below shows, this is an overall **decrease of 55,978** since August 1, 2023. The number of HMP beneficiaries enrolled in HMOs **decreased by 25,413** and the number of non-HMP beneficiaries **decreased by 30,565**.

The count of HMP beneficiaries enrolled in the nine Michigan Medicaid Health Plans (HMOs) in September 2023 is 18,992 less than September 2022.

During the COVID-19 pandemic, this increase was attributable to both the economic impact of the pandemic and federally incentivized pause in annual eligibility determinations. Michigan has begun implementing redeterminations again as required by the Consolidated Appropriations Act, 2023. This decrease in enrollment is expected as MDHHS has re-established annual redeterminations.

	Sept 2022	Nov 2022	Jan 2023	Mar 2023	May 2023	Aug 2023	Sept 2023
<b>All Medicaid Beneficiaries Enrolled</b>	<b>2,256,765</b>	<b>2,274,722</b>	<b>2,281,381</b>	<b>2,289,756</b>	<b>2,310,207</b>	<b>2,265,773</b>	<b>2,209,795</b>
• Total HMP Enrollees	788,228	794,457	799,826	804,872	814,612	794,649	769,236
• Total CSHCS/ Medicaid Enrollees	27,537	27,712	27,730	28,141	28,648	28,699	28,574
• Total Medicare/ Medicaid Enrollees (DUALS)	47,527	47,651	45,258	44,243	43,508	42,153	41,141
• Total MICHild Enrollees	36,006	36,007	36,010	35,956	35,967	36,786	38,127

The number of beneficiaries identified as mandatory managed care enrollees but not yet enrolled in a Medicaid HMO has varied dramatically over the last few years, from a previous low of 45,305 in July 2018 to a high of 149,746 in May 2020. **In September 2023 the number of mandatory but not yet enrolled beneficiaries was 56,109 – up from 44,539** in August 2023.

As the enrollment reports for September ([pdf](#), [xls](#)) reflect, every county in the state is served by at least one Medicaid HMO. Auto-assignment of beneficiaries into the HMOs is available in every county. In addition to the HMOs with smaller service areas, there are three HMOs – McLaren Health Plan, Meridian Health Plan of Michigan, and Molina Healthcare of Michigan – authorized to serve all counties in the Lower Peninsula and a fourth – UnitedHealthcare Community Plan – authorized to serve all but three of the Lower Peninsula counties. Beneficiaries in all 15 counties in the Upper Peninsula are auto-assigned, through federal “Rural Exception” authority, to the one HMO serving these counties, Upper Peninsula Health Plan.





The plans with the highest total enrollment in September 2023 were Meridian Health Plan of Michigan with about 24 percent of the total (519,904 enrollees), Molina Healthcare of Michigan with about 17 percent (385,903 enrollees), Blue Cross Complete of Michigan with about 16 percent of the total number of enrollees (349,973), and UnitedHealthcare Community Plan with about 14 percent (299,856).

*Healthy Michigan Plan (HMP)*

The **total count of HMP enrollees in the Medicaid HMOs in September 2023 was 769,236 a decrease of 25,413** from the count for August 2023. All Medicaid HMOs have HMP beneficiaries enrolled, although the numbers vary across plans. The plans with the highest HMP enrollment in September 2023 were Meridian Health Plan of Michigan with about 22 percent of the total, Blue Cross Complete with about 19 percent, and Molina Healthcare of Michigan with about 15 percent of the total number of enrollees.

*CSHCS/Medicaid*

MDHHS requires children (and a few adults) receiving services from both the Children’s Special Health Care Services (CSHCS) program and the Medicaid program to enroll in Medicaid HMOs. There were **28,574 joint CSHCS/Medicaid beneficiaries enrolled in the Medicaid HMOs in September 2023**, a decrease of **125** since August 2023. All Medicaid HMOs have CSHCS/Medicaid enrollees, although the numbers vary across plans. The plans with the highest enrollment in September 2023 were Molina Healthcare of Michigan with about 21 percent, Meridian Health Plan of Michigan with about 17 percent and Blue Cross Complete and UnitedHealthcare Community Plan with just under 17 percent of the total number of enrollees.

*MiChild*

There were **38,127 MiChild beneficiaries enrolled in the Medicaid HMOs in September 2023**, an increase of 1,341 since August 2023. All Medicaid HMOs have MiChild beneficiaries enrolled, although the numbers vary dramatically across plans. The plans with the highest enrollment in September were Meridian Health Plan of Michigan with about 24 percent of the total, Priority Health with about 16 percent and Molina Healthcare of Michigan with about 15 percent of the total number of enrollees.

*Medicare/Medicaid*

Aside from Michigan’s Medicare/Medicaid financial alignment demonstration, MI Health Link, there were an additional **41,141 Medicaid beneficiaries dually eligible for Medicare (duals) enrolled in September 2023 in Medicaid HMOs** for their acute care Medicaid benefits. The number of enrolled duals **decreased by 1,012** between August 2023 and September 2023. All Medicaid HMOs have duals enrolled, although the numbers vary significantly across plans. The plans with the highest enrollment in September 2023 were Meridian Health Plan of Michigan with about 22 percent of the total, Molina Healthcare of Michigan



with about 20 percent, and UnitedHealthCare Community Plan with just under 20 percent of the total number of enrollees.

## MI HEALTH LINK

In previous editions of *The Michigan Update* we have written about Michigan’s implementation of an integrated healthcare delivery system demonstration for adults dually eligible for Medicare and Medicaid (duals). The demonstration, called MI Health Link, operates in four regions of the state. The entire Upper Peninsula is one region; eight counties in the southwest corner of the state (Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph, and Van Buren) form another region; and Macomb County and Wayne County are two single-county regions. Medicaid and Medicare physical healthcare services (including long-term services and supports) are provided by HMOs that have contracts as Integrated Care Organizations (ICOs) to serve the duals.

The number of MI Health Link enrollees continues to fluctuate, with increases in some months and decreases in others. The Michigan Department of Health and Human Services (MDHHS) reports that **in September 2023, the MI Health Link enrollment total was 40,210** a decrease of **1,224 enrollees** since August 2023.

The tables below illustrate MI Health Link enrollment by month from 2021 to the most current data. Enrollment fluctuations are clear. The lowest count on the tables was in January 2021 when there were 39,250 enrollees; November 2022 saw the highest enrollment with 45,188 enrollees.

Jan. 2021	Feb. 2021	March 2021	April 2021	May 2021	June 2021
39,250	39,374	39,150	39,934	39,958	40,015
July 2021	Aug. 2021	Sept. 2021	Oct. 2021	Nov. 2021	Dec. 2021
40,260	40,294	41,941	41,317	41,512	41,250

Jan. 2022	Feb. 2022	March 2022	April 2022	May 2022	June 2022
39,362	38,905	38,588	40,481	40,453	40,350
July 2022	Aug. 2022	Sept. 2022	Oct. 2022	Nov. 2022	Dec. 2022
40,306	42,622	43,113	44,694	45,188	44,573

Jan. 2023	Feb. 2023	March 2023	April 2023	May 2023	June 23
42,501	42,066	41,319	44,033	44,216	43,399
July 2023	Aug. 2022	Sept. 2023			
42,410	41,434	40,210			



There are six ICOs serving one or more of the demonstration regions. The table below provides enrollment information by region for each ICO for **September 2023**.

MI Health Link Enrollment	Upper Peninsula Region	SW MI Region	Macomb Region	Wayne Region	Total
Aetna Better Health of MI		3,105	1,477	4,001	8,583
AmeriHealth Michigan			705	2,252	2,957
HAP Empowered Health Plan			1,075	3,329	4,404
Meridian Health Plan of MI		4,404	917	2,702	8,023
Molina Healthcare of MI			2,154	9,429	11,583
Upper Peninsula Health Plan	4,660				4,660
<b>Total</b>	<b>4,660</b>	<b>7,509</b>	<b>6,328</b>	<b>21,713</b>	<b>40,210</b>

The plans with the highest enrollment in September 2023 were Molina Healthcare of Michigan with about 29 percent of the total, Aetna Better Health of Michigan with about 21 percent, and Meridian Health Plan of Michigan with about 20 percent of the total number of enrollees.

During September 2023, about 94 percent of the MI Health Link enrollees were living in a community setting, and the remaining 6 percent of enrollees resided in a facility. About 7 percent of the total enrollees living in a community setting were receiving home and community-based long-term services and supports through the MI Health Link HCBS program waiver; however, a significant number of the other enrollees living in a community setting received in-home services and supports from the ICOs through the Medicaid State Plan personal care benefit called Home Help.

Most MI Health Link enrollees are passively enrolled; they are auto assigned to a health plan based on their eligibility but can opt out of the demonstration at any time. Beneficiaries may also voluntarily enroll in the demonstration; and during September 2023, about 26 percent of the demonstration’s participants were voluntarily enrolled.

MDHHS also reports 61,671 duals eligible for participation in the demonstration have chosen to opt out. These individuals receive their Medicaid benefits on a fee-for-service basis but retain the option to voluntarily enroll, or re-enroll, in the demonstration at any time.

More than half of the MI Health Link enrollees are individuals under the age of 65. These younger individuals qualified for Medicare and Medicaid based on a disability.

### MICHIGAN MEDICARE ADVANTAGE PLANS

There are multiple types of Medicare Advantage Special Needs Plans (SNPs). Chronic Condition SNPs (C-SNPs) serve Medicare beneficiaries with specific chronic medical conditions. Institutional SNPs (I-SNPs) focus on Medicare beneficiaries residing in institutions. Plans that focus on Medicare beneficiaries dually





eligible for Medicaid are called Dual Eligible SNPs (D-SNPs). All three types of plans provide Medicare benefits, and all are available in Michigan.

As of September 2023, there are a total of 137,418 Michigan enrollees in various Medicare Advantage Special Needs Plans (SNPs). This is an increase of 2,584 over August 2023. Unlike other Medicare Advantage plans, eligible individuals can enroll in a SNP year-round.

*Dual Eligible Special Needs Plan (D-SNP)*

D-SNPs continue to be the most popular type of SNP in Michigan. As of September 2023, there are 17 D-SNPs in the Michigan market with a total of 135,338 enrollees. While most of these coordination-only D-SNP plans continue to be HMOs, there are three PPO plans offered in the Michigan market this year. Michigan currently does not have fully integrated dual eligible SNPs (FIDEs) or highly integrated dual SNPs (HIDEs).

Not all duals enrolled in Michigan's D-SNPs are eligible to receive full Medicaid benefits. Some enrollees only receive assistance from the Medicaid program with their Medicare cost-sharing and/or monthly premiums.

Several of the Medicaid HMOs in Michigan are federally contracted as D-SNPs and some of their parent organizations are also offering D-SNPs in the state. According to federal reports, Blue Cross Complete and Upper Peninsula Health Plan continue to be the only Medicaid-contracted health plans that do not offer a D-SNP product either directly or through a parent organization.

The plans with the most enrollees are United Healthcare Dual Complete (29,831) and Humana Choice (24,286). New to the Michigan D-SNP market, Zing Health's Dual Complete Plus MI plan has 41 enrollees.





Parent Organization	Plan	Total Enrollees Aug. 2023	Total Enrollees Sept. 2023
Humana, Inc.	<ul style="list-style-type: none"> <li>• Humana Choice (PPO)</li> <li>• Humana Gold Plus (HMO)</li> </ul>	44,715	45,939
UnitedHealth Group	<ul style="list-style-type: none"> <li>• UnitedHealthcare Dual Complete Choice (PPO)</li> <li>• UnitedHealthcare Dual Complete (HMO)</li> <li>• UnitedHealthcare Dual Complete Select (HMO)</li> </ul>	39,889	41,277
Centene (formerly Meridian Health Plan of Michigan)	<ul style="list-style-type: none"> <li>• Wellcare Dual Access Open (PPO)</li> <li>• Wellcare Dual Access (HMO)</li> </ul>	13,810	13,582
Molina Healthcare	<ul style="list-style-type: none"> <li>• Molina Medicare Complete Care (HMO)</li> <li>• Molina Medicare Complete Care Select (HMO)</li> </ul>	13,346	13,281
Corewell Health	<ul style="list-style-type: none"> <li>• Priority Medicare D-SNP (HMO)</li> <li>• Priority Medicare D-SNP + Kroger (HMO)</li> </ul>	10,836	10,930
CVS Health Corporation	Aetna Medicare Assure Premier (HMO)	8,351	8,523
Henry Ford Health System/Health Alliance Plan	HAP Medicare Complete Duals (HMO)	657	652
McLaren Health Care Corporation	McLaren Medicare Inspire Duals (HMO)	394	413
Commonwealth Care Alliance	CCA Medicare Maximum (HMO)	412	408
Centene Corporation	Ascension Complete Michigan D-SNP (HMO)	284	292
Zing Health	Zing Dual Complete Plus MI (HMO)	40	41
<b>Total</b>		<b>132,734</b>	<b>135,338</b>

*Chronic Condition Special Needs Plan (C-SNP)*

There are eight C-SNP plans in the Michigan market, but only four health plans have enrollees as of September 2023. This year, there has been a decrease in C-SNP enrollees compared to last year. There was a total of 1,054 C-SNP enrollees in February 2022, compared to **769** enrollees in September 2023.

Erickson Advantage Champion has the highest number of enrollees (428), but their enrollment is distributed across an 11-state service area where Erickson Senior Living facilities are located that includes Oakland County. Zing Essential Wellness Diabetes and Heart MI had 251 enrollees in September 2023.







Parent Organization	Health Plan	Specialty Diseases	Total Enrollees Aug. 2023	Total Enrollees Sept. 2023
UnitedHealth Group	Erickson Advantage Champion (HMO – POS)	<ul style="list-style-type: none"> <li>• Cardiovascular disorders</li> <li>• Chronic heart failure</li> <li>• Diabetes</li> </ul>	470	428
Zing Health	Zing Essential Wellness Diabetes and Heart MI (HMO)	<ul style="list-style-type: none"> <li>• Cardiovascular disorders</li> <li>• Chronic heart failure</li> <li>• Diabetes</li> </ul>	229	251
Innovative Long Term Care Management, Inc.	<ul style="list-style-type: none"> <li>• Align Connect (HMO)</li> <li>• Align Kidney Care (HMO)</li> </ul>	<ul style="list-style-type: none"> <li>• Dementia</li> <li>• End Stage Renal Disease</li> </ul>	85	90
		<b>Total</b>	<b>784</b>	<b>769</b>

*Institutional Special Needs Plan (I-SNP)*

There are three I-SNPs in Michigan with a total of 1,311 enrollees as of September 2023. This is a decrease of five since August 2023. Longevity Health Plan has the most enrollees (698) compared to Align Thrive (462) and Erickson Advantage Guardian (151).

Parent Organization	Plan	Total Enrollees Aug. 2023	Total Enrollees Sept. 2023
Longevity Health Founders, LLC	Longevity Health Plan (HMO)	701	698
Innovative Long Term Care Management, Inc.	Align Thrive (HMO)	464	462
UnitedHealth Group	Erickson Advantage Guardian (HMO – POS)	151	151
	<b>Total</b>	<b>1,316</b>	<b>1,311</b>

**HEALTHY MICHIGAN PLAN ENROLLMENT**

The Michigan Department of Health and Human Services (MDHHS) reports enrollment counts for the Healthy Michigan Plan (HMP), its Medicaid expansion program for low-income non-elderly adults who do not meet eligibility criteria for traditional program coverage, at the beginning of each week on its [website](#). The enrollment number includes beneficiaries enrolled in health plans and beneficiaries not required to enroll in a health plan. Enrollment stood at **1,035,067 as of September 25, 2023, the last day September numbers were available. This is a decrease of 35,114 since August 29, 2023.**





## SAMHSA ANNOUNCED FOUR YEAR STRATEGIC PLAN

The Substance Abuse and Mental Health Services Administration has released its 2023-2026 Strategic Plan. The plan presents new priorities, goals, and objectives. The five priority areas are:

- Preventing Substance Use and Overdose
- Enhancing Access to Suicide Prevention and MH Services
- Promoting Resilience and Emotional Health for Children, Youth and Families
- Integrating Behavioral and Physical Health Care
- Strengthening the Behavioral Health Workforce.

This is significant in that behavioral health is a major focus for federal, state, and local decision makers. This strategic plan is a key element in shaping federal policy and funding that supports state and local work. Stakeholders will benefit from an awareness of these strategic priorities, goals, and objectives as the lens that SAMHSA will apply to its work over the next three or more years.

## MEDICAID POLICIES

The Michigan Department of Health and Human Services (MDHHS) issued several publications that are available for review on the department's [website](#).

The [website](#) shows six new policies issued in September.

- [MMP 23-59](#), Issued September 26, 2023, Medicaid Program Rate Updates FY 2024
- [MMP 23-54](#), Issued September 1, 2023, Coverage of Microprocessor Prosthetic Knee-Shin Systems and Updates to Definitive Endoskeletal Below Knee Prosthetics Add-ons
- [MMP 23-53](#), Issued September 1, 2023, Update to the Provider Enrollment Fitness Criteria Policy; Application Fees
- [MMP 23-52](#), Issued September 1, 2023, Updates to the MDHHS Medicaid Provider Manual
- [MMP 23-51](#), Issued September 1, 2023, Current Procedural Terminology (CPT) and Healthcare Common Procedure Coding System (HCPCS) Code Updates
- [MMP 23-48](#), Issued September 1, 2023, Policy Updates for the Children's Home and Community-Based Services Waiver (CWP)

The [website](#) shows three proposed policies for which the public comment period is still open.

- [2337-Therapy](#); Skilled Maintenance Therapy
- [2340-HH](#): Change to Home Help Agency Provider Community Health Automated Medicaid Processing System (CHAMPS) Enrollment
- [2343-Practitioner](#); Medicaid Program Rate Updates FY 2024

MDHHS released 10 Medicaid Provider L-Letters of potential interest in September, per their [website](#).





- [L 23-64](#); Direct Care Worker Increase
- [L 23-63](#); Notice of Intent to Submit a Revised Section 1915(b) Waiver Renewal Application for the Comprehensive Health Care Program (CHCP)
- [L 23-58](#); COVID-19 Response: Application Period for COVID Relief (CR) Facilities to Treat COVID-19 Residents Requiring Nursing Facility (NF) Care in Limited Circumstances
- [L 23-57](#); Notice of October 18, 2023, Orthotics and Prosthetics Provider Liaison Meeting
- [L 23-55](#); Telephone Prior Authorization Process
- [L 23-54](#); MI Choice Enrollment and Re-enrollment After Nursing Facility (NF) Discharge
- [L 23-53](#); Trauma Facility Rate Increase
- [L 23-52](#); Michigan Department of Health and Human Services (MDHHS) Update Temporary Extension to the Disaster Relief Policies for COVID-19 Public Health Emergency (PHE) Specific to In-Person Premium Payments for Skilled Nursing Facilities, Adult Foster Care Homes, and Homes for the Aged
- [L 23-51](#); Reimbursement Changes to Enteral Formula Healthcare Common Procedure Coding System (HCPCS) code B4155 Specific to Inborn Errors of Metabolism
- [L 23-50](#); Transfer Bench Reimbursement and Prior Authorization Changes

For additional information, contact [Cammie Cantrell](#).

